

## SENECA VALLEY

### 2009 RAIDER NEWSLETTER

#### ATHLETIC OFFICE

**Schedules, forms, general sports information, and directions may be found at [www.svsd.net/athletics](http://www.svsd.net/athletics).**

Any questions, please call the Athletic Office...  
Greg Caprara, Athletic Director, ext. 152  
Marcie Peaco, Athletic Secretary, ext. 269  
Jeanine Poleti, Athletic Secretary, ext. 152

#### ADMINISTRATORS

Mr. Mark Korcinsky, S.H.S. Principal 452-6040 x140  
Mr. Alan Cumo, I.H.S. Principal 452-6040 x143  
Mr. Sean McCarty, M.S. Principal 452-6040 x162

#### ITEMS TO BE COMPLETED AND SUBMITTED TO THE COACH ON FIRST DAY OF PRACTICE:

- Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) – one per school year – replaces traditional “blue cards”
  - Insurance Waiver Form
  - Student Athletic Manual Cover Page
  - Student Health Record & Emergency Procedures Form – 2 copies - replaces traditional “yellow cards”
  - Drug Test Receipt – one per school year
- Forms may be found at [www.svsd.net/athletics](http://www.svsd.net/athletics)

#### IMPORTANT 2009 DATES

July 29	Boys - Physicals & Drug Testing ----- 8am to 12:00pm
July 29	Girls - Drug Testing----- 1pm to 3:30pm
Aug. 5	Girls - Physicals & Drug Testing----- 8am to 12:00pm
Aug. 5	Boys - Drug Testing----- 1pm to 3:30pm
Aug. 12	Make-up for Physicals & Drug Testing----- 8am to 12:00pm
Aug. 12	All - Drug Testing----- 1pm to 3:30pm
Aug. 13	All - Drug Testing----- 1pm to 3:30pm
Aug. 13	All - Drug Testing----- 5:30pm to 7:30pm
Aug. 18	Booster Club Presidents' Meeting – SHS Auditorium -----6pm
Aug. 25	Athletic Department's Parent Orientation – SHS Auditorium-7pm

Sept. 3 First day of school for students

### 2009 FALL PRACTICE SCHEDULE

#### BASKETBALL - GIRLS (Grades 7-8)

Coach Robi Lombardo – lombardorf@svsd.net  
Conditioning - Aug. 24<sup>th</sup>-27<sup>th</sup> - 10am–12pm - IHS gym  
Practice - Aug. 31<sup>st</sup> - 3:30-5:30 - IHS gym

#### CROSS COUNTRY (Grades 9-12)

Coach Jim Nagle nagleje@svsd.net  
Conditioning – [www2.svsd.net/~nagleje/](http://www2.svsd.net/~nagleje/)  
Practice - Aug. 17<sup>th</sup> - 8:00am - H.S. Softball Field

#### CROSS COUNTRY (Grades 7-8)

Coach Megan Bonistalli - bonistallimr@svsd.net  
Practice – Aug. 19<sup>th</sup> – 8:30-10:00am - H.S. Softball Field

#### FOOTBALL (Grades 7-12)

**August 6<sup>th</sup> - Mandatory Meeting for parents and players - SHS auditorium - 7:00pm**

#### FOOTBALL (Grades 10-12)

Coach Don Holl - hollgdg@svsd.net  
Conditioning - schedule may be seen at [www.svfootball.com](http://www.svfootball.com)  
Practice - Aug. 17<sup>th</sup> - 7am - Field House

#### FOOTBALL (Junior High/9th Grade)

Coach Michael Henry - henrymg@svsd.net  
Position Clinics – June 15-July 1 (T/Th) 5-7pm  
Conditioning - July 6<sup>th</sup>-Aug 6 - M/W/Th 5:30-7:45pm  
Practice-Aug. 24<sup>th</sup> - contact coach for time & location

#### FOOTBALL (8th Grade) 2 Teams

Coach Greg Hayward - haywardga@svsd.net  
Coach Bob Magerko - magerkora@svsd.net  
Conditioning - Aug. 12<sup>th</sup>-14<sup>th</sup> & 17<sup>th</sup>-19<sup>th</sup> - 9-11:30am  
Practice - Aug. 20<sup>th</sup> - 9-11:30am - Field House

#### FOOTBALL (7th Grade)

Coach Leo Stefanacci - stefanaccihl@svsd.net  
Conditioning - Aug. 17<sup>th</sup>-10am -12:30pm-Field House  
Practice - Aug.20<sup>th</sup> - 10am-12:30pm - Field House

#### GOLF - BOYS (Grades 9-12)

Coach Steve Mayes - mayessm@svsd.net  
Practice/tryouts - Aug. 17<sup>th</sup> - 7:30am  
Strawberry Ridge Golf Course fee \$10.00

#### GOLF - GIRLS (Grades 9-12)

Coach Lynn Wagner - wagnerle@svsd.net  
or 724- 453-0206  
Practice - Aug. 17<sup>th</sup> - contact coach for time & location  
Contact coach if interested in summer programs.

#### ICE HOCKEY CLUB (Grades 7-12)

President Lee Clouner - leepamc@aol.com  
Coach Denis Kirstein, deniskirstein@hotmail.com

<http://www.eteamz.com/svraiders/index.cfm>

#### INLINE HOCKEY CLUB (Grades 7-12)

For more information...[www.svilha.com](http://www.svilha.com)  
May registration / August try-outs  
Season is September - March

#### SOCCER - BOYS (Grades 9-12)

Coach George Williams - 724-777-3021  
Conditioning - Aug. 10<sup>th</sup>-14<sup>th</sup> - 8-10am SHS  
Practice - Aug. 17<sup>th</sup> - 8-11am & 1-2:30pm  
Mon. - Fri. and 6-8pm on Mon. & Wed.  
(Aug. 17 - Registration - IHS Cafeteria – 8-8:30am)

#### SOCCER - BOYS (Grades 7-9) 2 Teams

Coach Oliver Wiehe - wieheog@svsd.net  
Registration (IHS Cafeteria) and  
1<sup>st</sup> Practice - Aug. 31<sup>st</sup> 3-5:30pm

#### SOCCER - GIRLS (Grades 9-12)

Coach Dave Sylvester – sylvestr@zoominternet.net  
Conditioning – July 12, 19, 26 - N. Boundary 6-8pm;  
Aug 10, 12, 14 - contact coach for time & location  
Practice - August 17<sup>th</sup> - 7am - SV soccer field

#### SOCCER - GIRLS (Grades 7 & 8) 2 Teams

Coach Dave Sylvester - 724-452-4095 or  
sylvestr@zoominternet.net  
Conditioning - Aug. 24-27 - 6pm-8:30pm  
Practice/Tryouts - Aug. 31<sup>th</sup> - 6pm-8:00pm

#### TENNIS - GIRLS (Grades 9-12)

Coach Eric Grove – groveem@svsd.net  
Conditioning – Aug. 10<sup>th</sup> - 8am – SHS courts  
Practice - Aug. 17<sup>th</sup> - 3pm - SHS courts

#### VOLLEYBALL – GIRLS (Grades 9-12)

Coach Martini - martinic@svsd.net  
Conditioning – Beginning June 15 M-Th 8-10am  
Practice - Aug. 17<sup>th</sup> - 8am-3pm  
Both in SVMS Multi-Purpose Room

#### **FALL SPORTS THAT REDUCE SQUAD SIZE:**

Basketball – Girls 7-8 grade \*\*\* Golf – Boys and Girls  
Soccer – Boys and Girls 7-12 grades  
Tennis – Girls \*\*\* Volleyball – Girls

#### **NCAA INITIAL-ELIGIBILITY CLEARINGHOUSE**

The clearinghouse evaluates eligibility to participate at a Division 1 or 2 college/university as a freshman student athlete... [www.ncaa.org](http://www.ncaa.org)

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**\*\*Conditioning is not mandatory\*\***

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**DRUG TESTING**

The Seneca Valley School District initiated a drug testing program during the 2002-03 school year. The purpose of the program is to deter students from drug usage. Sportsafe Testing Services, Inc. conducts initial and random tests for the school district. Anyone anticipating the participation in a sport, club, activity, or student driver permit program must receive an initial drug test before participating in any of the above. Students should report for their initial test on the date and time assigned to them. Assigned times will be mailed with final report cards (Grades 7-12) and advertised in local papers. The District's consent form may be found at [www.svsd.net/athletics/athletic-forms](http://www.svsd.net/athletics/athletic-forms). There is a fee of \$27 payable to S.V.S.D.

**ELIGIBILITY OF ATHLETES**

From a roster submitted by the coach, the Athletic Office will generate a computerized academic eligibility report each Thursday based on grades earned as of the end of the day Wednesday. The student must maintain a weekly QPA of 2.0 as outlined in the Athletic Manual. Students declared ineligible will not be permitted to compete from Sunday through Saturday of the following week and must attend after school remediation study halls. In cases where a student's work in any preceding grading period does not meet the above standard, said student will be ineligible to participate in interscholastic athletic competitions for at least fifteen (15) school days of the next grading period.

**ATTENDANCE POLICY**

As per the Athletic Manual, students who are **absent** from school or **tardy after the end of fourth period** will not participate in any extra-curricular activities, including practices and games, on that day without pre-approval from the building principal. Students must be in school on Friday to participate in weekend events.

Students who have an **early dismissal** must return to school prior to the last bell. Those who do not return are ineligible to participate in after-school activities without a doctor's excuse **and** prior approval of the building principal.

**SPORTS TEAMS BY SEASON**

**FALL** (Beginning dates listed on other side of flyer)  
Basketball - Girls - Grades 7-8  
Cheerleading/Dance Team - Varsity & JV (all year)  
Cheerleading - Junior High - 9<sup>th</sup> Grade (all year)  
Cheerleading - Middle School - 8<sup>th</sup> Grade (all year)  
Cross Country - Boys & Girls - Varsity - Grades 9-12  
Cross Country - Boys & Girls - Middle School-Gr. 7-8  
Football - Varsity and JV - Grades 10-12  
Football - Junior High - Grade 9  
Football - Grade 8 (2 teams)  
Football - Grade 7  
Golf - Boys - Varsity & JV - Grades 9-12  
Golf - Girls - Varsity - Grades 9-12  
Ice Hockey Club - Fall and Winter - Grades 7-12  
Inline Hockey Club - Fall and Winter - Grades 7-12  
Soccer - Boys - Varsity & JV - Grades 9-12  
Soccer - Boys - Junior High - Grades 7-9  
Soccer - Boys - Middle School - Grades 7-8  
Soccer - Girls - Varsity & JV - Grades 9-12  
Soccer - Girls - Middle School - Grades 7-8 (2teams)  
Tennis - Girls - Varsity & JV - Grades 9-12  
Volleyball - Girls - Varsity & JV - Grades 9-12

**WINTER** (Begins November 23, 2009)  
Basketball - Boys - Varsity & JV - Grades 10-12  
Basketball - Boys - Junior High - Grade 9  
Basketball - Boys - Grade 8 (2 teams)  
Basketball - Boys - Grade 7 (2 teams)  
Basketball - Girls - Varsity & JV - Grades 9-12  
Basketball - Girls - Junior High - Grade 9  
Indoor Track Club - Boys & Girls - Grades 9-12  
Swimming & Diving - Boys & Girls - Varsity - 9-12  
Wrestling - Varsity - Grades 9-12  
Wrestling - Jr. High - Grades 7-9

**SPRING** (Begins March 8, 2010)

Baseball - Varsity & JV - Grades 10-12  
Baseball - Junior High - Grades 8-9  
Lacrosse - Girls - Varsity & JV - Grades 9-12  
Lacrosse - Girls - Middle School - Grades 7-8  
Lacrosse Club - Boys - Grades 7-12  
Softball - Varsity & JV - Grades 9-12

Softball - Junior High - Grades 7-8  
Tennis - Boys - Varsity - Grades 9-12  
Track - Boys and Girls - Varsity - Grades 9-12  
Track - Boys and Girls - Junior High - Grades 7-8  
Volleyball - Boys - Varsity & JV - Grades 9-12  
Volleyball - Boys - Junior High - Grades 7-8  
Volleyball - Girls - Junior High - Grades 7-9  
2 teams (Begins- Feb. 8, 2010)

**PLEASE REMEMBER...  
SPORTS PHYSICALS FOR THE  
2009-2010 SCHOOL YEAR MUST BE  
ADMINISTERED ON OR AFTER  
JUNE 1<sup>ST</sup>, 2009.**

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**COMPREHENSIVE INITIAL  
PRE-PARTICIPATION PHYSICAL  
EVALUATION (CIPPE)**

The Pennsylvania Interscholastic Athletic Association (PIAA) requires that all students participating in a sport complete a Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) after June 1, 2009. This form is good for the entire school year. A private physician or the school doctor must complete Section 4 of this form. A parent/guardian completes Sections 1-3. The traditional "blue cards" will no longer be accepted.

For subsequent sports, a parent/guardian must complete Section 5. No doctor's signature is required unless a serious illness or injury has occurred. In this case, the doctor must complete Section 6.

Wrestlers – Please read and have Section 7 completed as instructed no earlier than October 30, 2009.

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**ATHLETIC SCHOOL PHYSICALS**

Athletic school physicals will be offered by the school doctor in the Senior High School prior to each season for a fee of \$15 payable to S.V.S.D. Parents must have completed Sections 1-3 of the CIPPE form in order for the school doctor to sign Section 4. (Wrestlers must also have Section 7 completed no earlier than October 30, 2009.) School physical times and dates will be on the Seneca Valley Athletic website, in the newspaper, on SVTV, and on the school announcements. Further information and forms

may be found at [www.svsd.net/athletics](http://www.svsd.net/athletics) or in the  
Athletic Office.

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**REQUIRED FORMS AND FURTHER  
INFORMATION MAY BE FOUND AT  
[WWW.SVSD.NET/ATHLETICS](http://WWW.SVSD.NET/ATHLETICS)  
OR IN THE ATHLETIC OFFICE.**

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*Go Raiders!!!*