

Seneca Area Fall Boy's Lacrosse

Sponsored by SVLA

9th – 12th Grade

Fall Ball Highlights

- Kick-off meeting to be held early September to outline program and expectations
- Players will be provided a workout program to perform independently
- Practices begin October 3 and run Mondays and Wednesdays through November 9
- Practices will be from 5:00-7:00, but could shift as early as 4:30 as daylight shortens
- Tentative schedule is shown below but is subject to change
- Changes will be communicated by email and / or directly to the players
- Location – Haine School Field or other designated location
- Cost - \$120.00 per player must be postmarked by September 2, 2011
- Late registrations may be accepted at a cost of \$160.00 per player

<u>Date</u>	<u>Time</u>
Monday, October 3	5:00 – 7:00 pm
Wednesday, October 5	5:00 – 7:00 pm
Monday, October 10	5:00 – 7:00 pm
Wednesday, October 12	5:00 – 7:00 pm
Monday, October 17	5:00 – 7:00 pm
Wednesday, October 19	5:00 – 7:00 pm
Monday, October 24	5:00 – 7:00 pm
Wednesday, October 26	5:00 – 7:00 pm
Monday, October 31	5:00 – 7:00 pm
Wednesday, November 2	5:00 – 7:00 pm
Monday, November 7	5:00 – 7:00 pm
Wednesday, November 9	5:00 – 7:00 pm

Tentative Team Tournaments: - By coaches' invitation (additional fees required)

Pumpkin Classic (SVHS) - Sunday, Oct. 23 (all registered fall ball players are invited)

W & J Tournament – Saturday or Sunday, October 29 or 30 – by invitation

UP Lacrosse (Maryland) Saturday – Sunday, November 12 & 13 – by invitation



www.svlacrosse.org