



# SENECA VALLEY BOYS LACROSSE SPRING 2012 REGISTRATION 1<sup>ST</sup> – 12<sup>TH</sup> GRADE

Seneca Valley Lacrosse Association Spring Boys Lacrosse registration will be held on Tuesday and Wednesday October 25 and 26. Grades 1 – 6 will register on October 25 and Grades 7 – 12 will register on October 26. Registration for both days will be held at the Rowan Elementary Cafeteria from 6:30 – 8:30pm. If you can't make one day just come on the other.

**What is lacrosse?** Lacrosse is a game that looks a lot like field hockey and soccer, played on a large rectangular field with a goal at each end. The object is to score goals by getting a small, hard rubber ball into the goal. Players carry the ball by using a stick with a triangular pocket or basket on the end.

**Why play lacrosse?** Lacrosse players develop speed and stamina. Passing is essential to the sport, so strategy and teamwork are also very important. A lacrosse team has 10 players: 3 attackmen, 3 midfielders, 3 defensemen and one goalie. Lacrosse is a fast moving game and it is a lot of fun!

**What about equipment?** Because the lacrosse ball is hard and travels at great speed and because contact with other players is common, protective gear is always worn. Players are responsible for their own equipment.

**Want to find out more?** Visit our website or come to our registration and we will help you!



**When:** October 25 and 26  
**Time:** 6:30pm – 8:30pm  
**Where:** Rowan Elementary  
8051 Rowan Road  
**Website:** [www.svlacrosse.org](http://www.svlacrosse.org)  
**Questions:** [sv\\_lacrosse@yahoo.com](mailto:sv_lacrosse@yahoo.com)  
or [schrebk@gmail.com](mailto:schrebk@gmail.com)  
**Phone:** 412.389.7666  
(prefer contact by email)

*Come join the fun!*

*Boy's Lacrosse is a "club" sport. We are independent of the Seneca Valley School District. Registration will be run by the Seneca Valley Lacrosse Association (SVLAX). Please contact SVLAX directly with questions.*